



**Meadows
School**



MEADOWS SCHOOL

APRIL TO OCTOBER 2026

MEADOWS

ENGAGE

ENRICH

EMPOWER

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 April 11 May 8 June 29 June 20 July 7 September 28 September 19 October	Chicken Korma 6 & Rice Singapore Noodles 1,3,16 VG Jacket Potato with a Choice of Toppings 7,8,9 Broccoli Apple Pie 1 VG & Custard 7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Pasta Carbonara 1,7 Vegetable Lasagne 1,3,4,7,9 V Jacket Potato with a Choice of Toppings 7,8,9 Diced Potatoes Sweetcorn Carrot & Orange Cake 1 VG Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Roast Chicken & Gravy Cheese & Onion Pastie 1,7 V Jacket Potato with a Choice of Toppings 7,8,9 Seasonal Vegetables Toffee Tart 1,7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Spaghetti & Meatballs 1 Soy Bolognese Spaghetti 1,3 VG Jacket Potato with a Choice of Toppings 7,8,9 Carrots Strawberry Cheesecake 1,15,7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Battered Fish 1,8 Vegetable Nuggets 1 VG Jacket Potato with a Choice of Toppings 7,8,9 Peas, Baked Beans Chips Chocolate Cake 1 VG Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 April 18 May 15 June 6 July 14 September 5 October	Beef Chilli Five Bean Burrito 1 Jacket Potato with a Choice of Toppings 7,8,9 Rice Mixed Salad Toffee Apple Cake 1 VG & Custard 7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	BBQ Chicken Wraps 1 Pizza Pinwheel 1,7 V Jacket Potato with a Choice of Toppings 7,8,9 Seasoned Potato Wedges Carrots Iced Finger Bun 1,5 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Roast Gammon & Gravy Macaroni Cheese 1,7 V Jacket Potato with a Choice of Toppings 7,8,9 Roast Potatoes Seasonal Vegetables Eton Mess 7,9 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	All Day Breakfast Vegetable Quesadilla 1,7 V Jacket Potato with a Choice of Toppings 7,8,9 Hash Browns Baked Beans, Tomatoes, Mushrooms Peach Crumble & Custard 1,7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Chicken Burger 1,5 Vegetable Burger 1,5 VG Jacket Potato with a Choice of Toppings 7,8,9 Peas Baked Beans Chips Brownie 1 VG Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 May 1 June 22 June 13 July 31 August 21 September 12 October	Pepperoni Pizza 1,3,7 Cheese & Tomato Pizza 1,3,7 V Jacket Potato with a Choice of Toppings 7,8,9 Diced Potato Sweetcorn Honey Cake 1 VG & Custard 7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Beef Lasagne 1,3,4,7,9 Cheesy Broccoli Pasta 1,7 V Jacket Potato with a Choice of Toppings 7,8,9 Garlic Bread 1,3,7 Mixed Salad Summer Trifle 1,7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Roast Pork & Gravy Vegetable Sausages 1 VG Jacket Potato with a Choice of Toppings 7,8,9 Mashed Potato Seasonal Vegetables Peach Sponge 1 VG & Custard 7 Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Tandori Chicken 7 Chickpea & Spinach Curry VG Jacket Potato with a Choice of Toppings 7,8,9 Lemon Rice Broccoli Cinnamon Pinwheels 1 VG Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG	Battered Fish 1,8 Cheese & Tomato Quiche 1,7,9 V Jacket Potato with a Choice of Toppings 7,8,9 Chips Peas, Baked Beans Sultana Cake 1 VG Homemade Cookies 1,7,15 Yoghurt 3,7 Fruit Pots VG

KEY:
VG VEGAN
V VEGETARIAN

DISHES MARKED WITH ANY OF THE FOLLOWING NUMBERS CONTAIN THE MATCHING ALLERGEN:

- 1 WHEAT GLUTEN 2 CRUSTACEANS
- 3 SOY BEAN 4 MUSTARD 5 SESAME
- 6 SULPHITES/SULPHUR DIOXIDE 7 MILK
- 8 FISH 9 EGG 10 PEANUTS 11 MOLLUSCS
- 12 CELERIAC/CELERY 13 NUTS 14 LUPINS
- 15 OAT GLUTEN 16 BARLEY GLUTEN

