



**Meadows
School**



MEADOWS SCHOOL

APRIL TO OCTOBER 2026

MEADOWS

ENGAGE

ENRICH

EMPOWER

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
20 April 11 May 8 June 29 June 20 July 7 September 28 September 19 October	Bacon Baguette ^{1,3,5,9}	Cheese & Tomato Panini ^{1,3,5,7 V}	Sausage Roll ^{1,3,6}	Cheese & Bean Slice ^{1,7 V}	Herby Tomato Pasta Pot ^{1 VG}	
WEEK TWO	27 April 18 May 15 June 6 July 14 September 5 October	Sausage Baguette ^{1,3,5,6,9}	Ham & Cheese Panini ^{1,3,5,7,9}	Bacon Bap ^{1,5}	Cheese & Bean Slice ^{1,7 V}	Herby Tomato Pasta Pot ^{1 VG}
WEEK THREE	4 May 1 June 22 June 13 July 31 August 21 September 12 October	Sausage Roll ^{1,3,6}	Chicken Nugget Wrap ¹	Bacon Baguette ^{1,3,5,9}	Cheese & Tomato Panini ^{1,3,5,7,9}	Herby Tomato Pasta Pot ^{1 VG}

KEY:
VG VEGAN
V VEGETARIAN

DISHES MARKED WITH ANY OF THE
FOLLOWING NUMBERS CONTAIN THE
MATCHING ALLERGEN:

- 1 WHEAT GLUTEN 2 CRUSTACEANS
- 3 SOY BEAN 4 MUSTARD 5 SESAME
- 6 SULPHITES/SULPHUR DIOXIDE 7 MILK
- 8 FISH 9 EGG 10 PEANUTS 11 MOLLUSCS
- 12 CELERIAC/CELERY 13 NUTS 14 LUPINS
- 15 OAT GLUTEN 16 BARLEY GLUTEN

