



Meadows School - Core Offer



Address	Placement Offer	Contact
Meadows School London Road Southborough Kent TN4 0RJ	Monday – Friday Day Placement 38 Weeks	Admissions Officer enquiries@meadowsschool.org.uk 01892 529144

We can support students with mild to moderate levels of the following (including but not limited to):

- | | |
|--|--|
| <ul style="list-style-type: none"> • Learning and Communication difficulties. • Neurodevelopmental Disorders including Autism Spectrum Conditions (ASC). • Attention and Overactivity Problems (such as ADHD). • Foetal Alcohol Spectrum Disorder (FASD) / Foetal Alcohol-related Neurological Disorders. • Attachment Difficulties, Abuse and Neglect Experiences, Other Adverse Childhood Experiences (ACEs) and Developmental Trauma. • Conduct and Behavioral Difficulties. • Anxiety, Repetition and Somatic Difficulties. | <ul style="list-style-type: none"> • Mood Problems and Emotional Dysregulation. • Sensory Processing Differences. • Fine and Gross Motor Difficulties. • Memory Difficulties, Executive Functioning, and Cognitive Processing Difficulties. • Emotional Literacy Needs. • Social Skill Needs. • Communication and Interaction Difficulties. |
|--|--|

We regretfully are unable to educate and support students with the following needs:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Significant Speech and Language Needs, including students who are non-verbal and/or communicate with PECS, Makaton or BSL (British Sign Language). • Complex Visibility, Hearing or Medical Needs. • Schizophrenia. • Persistent Episodes of Psychosis. • Moderate Learning Difficulties (MLD) diagnosis. | <ul style="list-style-type: none"> • Pathological Demand Avoidance (PDA) diagnosis. • Oppositional Defiance Disorder (ODD) diagnosis. • Students who are at risk of suicide. • Students who are a risk to others. • Students with a history of absconding from site. • Students with significant criminal involvement. • Students who require support with toileting or who are not toilet trained. |
|---|--|

Universal and Targeted Provision

Universal Provision – Offered to all students.

Targeted Provision – Offered to students following screening, assessment and/or a presenting change in student need.

Social, Emotional & Mental Health - Universal

- Link Worker who students can access through the day for support and guidance.
- Well-Being Plans developed and reviewed by the Wellbeing Team.
- A member of the Wellbeing Team observes each new student in class, administers the Strength & Difficulty Questionnaire (SDQ), reads their EHCP and liaises with Link Worker, Tutor and home to plan how best to meet their SEMH needs.
- All staff are trained in Therapeutic Crisis Intervention (TCI) designed to proactively prevent and/or de-escalate potential crisis situations in a manner that reduces risk. TCI supports young people to use strategies to return to baseline prior to reaching crisis point, helping them to improve their coping strategies over time. Situations are handled in a non-confrontational and trauma-informed way.
- All staff are undergoing Barnardo's training in Trauma-Informed Practice.
- Some staff are trained in Mental Health First Aid to recognise and respond to early signs of distress and/or mental health.
- Emphasis on student strengths and attributes. Opportunities for feedback built into the day and week, to support the development of self-confidence, self-esteem, and self-efficacy over time.
- Encouragement and development of areas of interest through an enrichment curriculum, link working sessions, lunchtime activities, etc.
- Support to co-regulate emotions and behaviours, working towards being able to do this independently.
- Information sharing between school and parents/carers, social workers, virtual schools (if involved) and other health services such as CAMHS and pediatrics.
- Enrichment curriculum (a timetabled opportunity for students to focus completely on developing their social and emotional needs; small group work, friendship and team building and conversation skills) (KS3, KS4, KS5).

Social, Emotional & Mental Health - Targeted

- Individual counselling and therapy sessions (KS3, KS4, KS5).
- Weekly emotional literacy and social skills group (KS3, KS4, KS5)
- Family support (supporting family members to support the young person).
- The Hub provides opportunities for positive experiences and interaction through student-guided activities, allowing the development of appropriate emotional and behavioural responses. This is a separate education building offering support for students on a smaller scale in a more comfortable and less academically laid out space.

Cognition & Learning - Universal

- Full access to the National Curriculum, including specialist teaching areas for Science, Art, Physical Education, Information Technology and Food Studies.
- Whole School DfE approved systematic synthetic phonics programme.
- Programmes to improve concentration, attention, and listening skills.
- Zones of Regulation (to aid emotional and behavioral regulations so that students feel in a 'ready to learn' state).
- Development of independent learning skills.
- Students have their own desk and a direct line of sight to the teacher (small group teaching – class size max. 8 students).
- Praise and rewards for success and engagement.
- Organisational scaffolds.
- Learning Support Assistant availability.
- Daily literacy and numeracy.
- Kinesthetic and multi-sensory learning.
- Visual support/prompts.
- Students are included in planning, monitoring, and target setting with SMART targets.
- Word banks and frameworks for story writing.
- Active learning outside the classroom environment.
- Opportunities to adapt to change and opportunities for positive contribution.
- Exam access arrangements based on everyday way of working and EHCP needs.
- Working memory support.
- Independent travel programme.
- Coloured overlays for reading (if required).
- All students have access to a laptop to use at school.
- Educational Psychologist consultancy with staff team to best support students' educational needs and learning.
- Transition support including opportunities to visit colleges and support in applying for courses.
- Independent careers guidance.
- Phonics principles used in all classrooms and lessons.

Cognition & Learning - Targeted

- The Hub offers additional support in a variety of subjects at all levels, using targeted interventions agreed with a range of professionals. This is a separate education building offering support for students on a smaller scale in a more comfortable and less academically laid out space.
- Phonics programme providing 1:1 support.
- Bespoke timetable for those who have been assessed to need it.

Communication & Interaction - Universal

- A 'communication friendly' environment, e.g. adapted vocabulary.
- Visual support systems, e.g. task boards, visual timetables.
- Staff have been trained to provide Social Stories and Comic Strip Conversations where appropriate.
- A small group learning environment to encourage opportunities for developing turn-taking, listening, and conversational skills.
- Rephrasing spoken instructions to support students' understanding.
- Gaining the students' attention prior to giving instructions.
- Consistent approaches so students understand expectations and consequences.
- Access to lunchtime activities which encourage opportunities to develop friendships.
- Pre-teaching of new vocabulary to ensure students understanding of subject specific words.
- School staff have the relevant knowledge necessary to identify Speech, Language and Communication Needs (SCLN) and refer into the service if necessary.
- Enrichment curriculum (a timetabled opportunity for students to focus completely on developing their social and emotional development needs; small group work, friendship and team building and conversation skills).

Communication & Interaction - Targeted

- Individual or small group Speech and Language Therapy (SaLT) sessions (KS2, KS3, KS4, KS5).
- Sensory Passports and Pen Portraits for KS2 students transitioning into KS3.
- Liaising with home to inform of target setting and/or advice.
- Staff training on new strategies to support Social Communication Needs.
- Observation of new students and discussion with tutors/members of the pastoral team to determine areas of communication and interaction that may require targeted intervention and/or strategies that may support the student in class.
- The Speech and Language Team take part in MDT meetings where possible.
- The Speech and Language Team use formal assessments such as the Clinical Evaluation of Language Fundamentals 5 and Metalinguistics.
- The Speech and Language Team will deliver programmes such as; emotional literacy, TALKABOUT, Lego Therapy, Narrative, and Vocabulary development.
- The Hub offers opportunities for students to develop their social skills, either individually or in small groups, with the support of adults in a calm environment. This is a separate education building offering support for students on a smaller scale in a more comfortable and less academically laid out space.

Sensory & Physical – Universal

- Occupational Therapist consultancy with staff around students' physical and sensory needs and integrating sensory approaches in the classroom.
- All staff are given training on Sensory Processing differences.
- All staff are trained in the Zones of Regulations.
- Sensory passports, sensory boxes, and sensory diets.
- Fidget toys and movement breaks available.
- Balance boards/writing slopes.
- Access to outdoor gym and trim trail.
- Handwriting support and development.

Sensory & Physical - Targeted

- Sensory circuits.
- Handwriting support.
- The Hub provides a calm environment in which the physical and sensory needs of the students are actively support in a variety of activities with trained members of staff. This is a separate education building offering support for students on a smaller scale in a more comfortable and less academically laid out space.

KS2 Additional

- Timetabled Communication and Interaction (C&I) sessions.
- Community Outreach projects.
- Lego Building sessions.
- Special Mentions sent home to parents/carers daily.
- Weekly Swimming Lessons.
- Weekly Farm trips.

KS5 Additional

- The KS5 provision includes classroom spaces, independent learning spaces, a common room, a kitchen, and outdoor space.
- Students attending college receive onsite support from an LSA initially. Following some time to observe, the level of support will then be agreed between KS5, the young person, and the college. There will always be a member of staff available onsite to support students as needed.
- Work experience and work-based learning opportunities.
- Driving Theory test and driving lessons.
- Link partnerships with vocational learning providers.